

# Women of today

[Image]

Helga Anders will soon be a mother:  
“I don’t care whether I get married”

## Morals are nothing but talk

The unabashed  
confession of  
the 19-year-old  
TV star Helga  
Anders

She was actually looking to make her career without “shaking her bum and things like that”, and has been playing in “silly little things” since she was twelve. She’s spent fifteen TV roles, ten plays and ten films being nice, cute and chaste. Then Helga Scherz, now Ms Anders, got to know director Roger Fritz. And she changed. She didn’t just leave all her clothes on the floor in *Girls on Top*. It’s not just that she’ll be having a child with her director in October. The moral views of the “sweetest teenager of the year” are truly unconventional for a 19-year-old too.

NEUE REVUE: “Are you thinking about marrying the father of your child, the director Roger Fritz?”

Helga is. But it’s not set in stone: “I don’t care whether I get married.”  
NEUE REVUE: “Isn’t there a set date for the wedding?”

Helga: “No.” She pauses: “If I have the time and if the weather’s nice.” If it ends up raining all summer, Helga’s not opposed to having a child out of wedlock. “These are just outdated middle-class morals. They don’t apply to me.” And her child?

“It’s great becoming a mother as young as I am right now. I’ll already have a big son by the time I’m thirty.” And “it has to be a son, come what may”. She laughs, resembling more a sixteen-year-old than the sex symbol from *Girls on Top*.

Helga: “I’m not sexy. My legs aren’t exciting and my breasts are small.” Facts known to many. That’s because her last film saw her strip off. Did this arise from her intimate encounter with director Roger Fritz?

Helga: “I already knew him from before. Who was with who couldn’t be allowed to decide who was successful or not.” But it was the director who turned Helga into an actor – like Franco Cristaldi with Claudia Cardinale, like Roger Vadim and Annette Stroyberg, Brigitte Bardot and Jane Fonda.

NEUE REVUE: “What did Roger Fritz want to say with his film?”

Helga: He wanted to tell a story which happens more often than not and simply ends in death and murder. (Helga Anders also has a relationship with her friend’s father in *Girls on Top*). But Roger thinks it’s the least serious problems that end in tragedy. Hence the ending: I go back to the girls’ home, the father and son go back to day-to-day life.”

NEUE REVUE: So there’s that moral again: ‘It’s not that bad’?”

Helga: “That’s how life is to be honest. Most of the things we call traditions and morals are nothing but talk.”

Immature opinions from a 19-year-old? Or a sophisticated pitch? Maybe she thinks wickedness sells better than adolescent naivety nowadays. “I just wanted to do something different”, says Helga about her role in *Girls on Top*. But does she have to stay in character in her private life?